ART LAB AT HOME!
A MINI GUIDE TO CREATIVE PROTEST

Join us as we use our creative powers to fight for racial justice! Below we’ve collected a few ideas inspired by contemporary artists and activists on how you can use art to spread messages of resistance, unity, and hope.

STEP 1: CHOOSE YOUR MESSAGE. How will you support and affirm that Black Lives Matter? How can you support racial justice in your community? How will you stand for love, compassion, and equity? Craft a message that will inspire and move others to action.

STEP 2: DECIDE HOW YOU WILL EXPRESS IT.

- **CHALK IT**
  
  **Wee the People**, a social justice organization recently partnered with MassArt’s Center for Art and Community Partnerships and the Philly Children’s Movement to host Wee Chalk the Walk: A Family Day of Action for Black Lives. They invited kids and grownups to use chalk and create bold, beautiful messages on sidewalks to share with all who would walk by.

  Head outside and chalk your message. What do you want to say to help make the world a better place for all?

- **WEAR IT**

  Be inspired by Nick Cave’s *Soundsuit* (2009), a piece imagined as “protective armour.” What would it feel like to wear this piece?

  Wear your message for all to see! Recycle old fabrics and clothes to create a patch. Draw or write your message with fabric markers. Create a stencil to help apply your message.

- **ZINE IT**

  We recently highlighted a zine making activity inspired by Ellen Gallagher’s *Deluxe* (2004-05).

  Turn your message into a zine by collaging different 2D materials and text into a pamphlet form. Share your zine to spread your message.

- **DISPLAY IT**

  Kerry James Marshall’s work shows just how powerful words can be. Create a sign using paper and drawing tools that shows off your message. How will you make your sign stand out?

  Display your sign in your window to help spread encouragement and hope in your neighborhood!

- **WRITE IT**

  Check out this recent poem by Boston Youth Poet Laureate Alondra Bobadilla inspired by her quarantine experience. Inspiration can be found even while staying at home.

  Write a poem that expresses your message.

- **TALK ABOUT IT**

  Find creative ways to think and talk about race with your family and friends through art, like Nina Chanel Abney’s *Art Wall*. Her artwork has been described as “easy to swallow, hard to digest.” Look at her work together.

  Share what you see. What feels familiar? What stories feel new? What can you learn from this artist and their art?

 STEP 3: CONTINUE CREATING FOR JUSTICE! The fight for justice doesn’t stop here. Make and share your art. Talk to your friends and family. There are many ways to support the cause.

SHARE YOUR FAVORITE ON SOCIAL MEDIA WITH #ICAARTLAB OR EMAIL FAMILYPROGRAMS@ICABOSTON.ORG